



Event-Regulations

Swiss Irontrail

26.09.2023

Organiser:

Tuffli Events AG
Gäuggelistrasse 20
7000 Chur
Switzerland

info@irontrail.ch
www.irontrail.ch



Table of contents

1. General	3
2. Races.....	3
3. Conditions of Participation	3
4. Enrolment	3
4.1. Confirmation	3
4.2. Transfer / re-registration to another category & late registration.....	3
4.3. Failure to start.....	4
5. Implementation Security	4
6. Start Number and Time Measurement	4
7. Equipment.....	5
8. Routes	5
8.1. Route data and markings	5
8.2. Route Knowledge / Finish and Traffic Regulations	5
9. Accompaniment and Support	6
10. Medical Matters	6
11. Doping Control.....	6
12. Appeals.....	6
13. Disqualification.....	6
14. Data Privacy	7
15. Running Membership	7
16. Liability and Insurance	7
17. Jurisdiction.....	7



1. General

These «Event-Regulations» are an integral part of the contract between the participants and the organiser. The organiser reserves the right to make changes to the regulations at any time. The regulations can only be accessed online at **Swiss Irontrail** by registering, participants accept these regulations and confirm that they have received and read them.

2. Races

It is about a race without a licence and without number limits. The running distances have to be completed within a fixed time limit. Everyone who has reached the prescribed age is eligible to start: T102 / T53 / T49 from year 2006, T20 from year 2016.

3. Conditions of Participation

The start is at the participants own risk. The participants are responsible for their own health, training status and equipment. All participants are expected to:

- a) dress according to weather conditions and individual needs and protect themselves from rain, cold and sun;
- b) abandon the race as soon as this threatens to pose a health risk to them;
- c) behave in an environmentally friendly manner and not leave any rubbish lying around in nature.

T102, T53 and T49 take place in alpine, sometimes even high alpine, terrain. This requires the participants to adapt accordingly in terms of caution, equipment and organisation of the run. All participants of the T102, T53 and T49 are expected to:

- d) have experience in the mountains, are very well trained and sure-footed;
- e) be able to complete the race in partial autonomy and self-sufficiency;
- f) provide first aid to other participants if they have an accident or have health problems.

Infectious diseases (angina, flu, etc.) suffered before the event can significantly reduce performance and pose serious health risks (e.g. damage to the heart muscle). Anyone who falls ill with such an ailment 6 to 8 weeks before the run should consult a doctor.

4. Enrolment

4.1. Confirmation

Registration is online at www.irontrail.ch. The entire registration procedure is done by Datasport. By registering at Swiss Irontrail®, participants automatically accept the «Event-Regulations» and the General Terms and Conditions of Datasport.

4.2. Transfer / re-registration to another category & late registration

A transfer of the starting place to another person for a fee of CHF 20.00 or a re-registration to another distance can be done by the participants independently online until June 25th 2024 (midnight). After June 25th 2024, a transfer to another person is no longer possible.

In case of a re-registration to a shorter distance the difference in entry fee will not be refunded, in case of a re-registration to a longer distance it has to be paid.



4.3. Failure to start

If you are prevented from starting due to illness, accident or other reasons, the entry fee cannot be refunded and cannot be carried over to the next year. We therefore recommend that you take out cancellation insurance when registering. This enables the entry fee to be refunded in the event of accidents or illness.

5. Implementation Security

Depending on external factors (e.g. weather, disasters, official instructions, etc.), the organiser offers the participants the highest possible security by taking appropriate measures. He is entitled, at short notice, to:

- a) make route changes;
- b) interrupt and resume the race;
- c) abandon the race or not start at all.

In all of these cases according to articles a-c, there is no entitlement to reimbursement of the entry fee and/or compensation for other damages such as travel or accommodation costs.

In the event of extreme weather conditions (e.g. heavy precipitation, intense cold and thunderstorms as well as snowfall), the organiser has alternative routes available, which can be prepared within 24 hours.

6. Start Number and Time Measurement

The start number with an integrated passive transponder is personal and must be worn on the chest, stomach or leg in a clearly visible place throughout the run. It entitles you to access catering, first aid and baggage drop-off. Passing on your personal starting number to another person is prohibited. Running time is measured from the point at which the start measurement mat is exceeded. No legal claims against the organiser arise from faulty or inaccurate timekeeping.

7. Equipment

The following mandatory equipment must be carried along the entire route:

	T105	T53	T49	T20
Mobile telephone (with saved emergency numbers)	x	x	x	x
Backpack	x			
Rain jacket with hood	x	x	x	
Headband or cap	x	x	x	
Forehead lamp with extra batteries	x	x	x	
Bottle /bag for 1 liter drink	x	x	x	
Spare drink 0.5 liter	x			
Drinking cup	x	x	x	x
Snacks	x	x	x	
Rescue blanket (1.40 x 2.00m)	x			
Elastic bandage for an emergency bandage	x			

Depending on the weather conditions on the day before the start, the organiser can prescribe further compulsory equipment. The mandatory equipment can be checked at any time with spot checks. Hiking sticks are permitted on all routes and are even recommended on the T102, T53 and T49.

8. Routes

8.1. Route data and markings

The official route data (length, difference in altitude) are determined in co-operation with Outdooractive. Depending on the weather conditions, the device and the quality of the measurements, the data can vary considerably. The running routes are marked with flags, tracer tape, spray and kilometer boards (every 5 km with the distance still to be run) and signs.

8.2. Route Knowledge / Finish and Traffic Regulations

A thorough study of the route is required, especially for the T102, T53 and T49. Participants must be able to find the running route using the map. This is particularly important if the route markings are missing due to wind or external influences. It is also recommended that you take the route map and the relevant orientation aids with you.

For safety reasons, the running course may not be left. It will be closed according to the cut-off times indicated in the schedule. Participants who are too late will be taken out of the race by authorised officials.

The race takes place alongside road traffic. The traffic rules must be observed.



9. Accompaniment and Support

Personal support from supporters is only permitted in the vicinity of the refreshment zones. Any form of accompanying the participants on the route (e.g. on a mountain bike or by running along) is prohibited. Running as a pacemaker is not permitted. Dogs and prams are not allowed.

10. Medical Matters

If participants get into trouble due to injuries or health problems, they should go to the nearest post if possible or call the medical service via Medicall. The medical service and race doctors have the right to remove participants from the race, who are in danger of damaging their health, for a certain period of time or permanently. In the event of an emergency or a medically ordered exclusion from the race, the costs of care and evacuation by the medical service or civil rescue services will be borne by the participant.

Medicall phone number will be announced at a later date.

11. Doping Control

The Swiss Olympic doping statute applies (www.anti-doping.ch). Participants can be subjected to a doping control at any time.

12. Appeals

In the event of rule violations by other participants or disagreement with decisions by the race management, participants can lodge a protest with the finish manager and name witnesses up to one hour after the finish line has closed. The race jury will then decide on the protest within 3 hours. All named witnesses must appear. The protest fee is CHF 50.00. If the protest is lost, it remains with the organiser.

13. Disqualification

Anyone who starts in the wrong starting block, leaves the running course, engages in littering, does not follow the event regulations or the instructions of the Organisation Committee or abuses the doping rules will be disqualified. The race jury will make the final decision on disqualification.



14. Data Privacy

By registering, the participants agree to the publication of their surname, first name, year of birth, place of residence and nationality in the start and ranking lists and the duration of the event. This consent applies to publication on the Internet, in print media, on TV/teletext, for speaker announcements and for the posting of start and ranking lists during the event. The interviews, photos and film recordings made in connection with the Swissalpine® may be used on the Internet, in print media, TV and all other digital media (Facebook, Instagram, Twitter, YouTube, etc.) without any claims for remuneration. The organiser reserves the right, unless the participants object in writing when registering, to use the personal data mentioned for marketing purposes. In addition, Datasport's data protection regulations apply, available at www.datasport.com/datenschutzerklaerung .

15. Running Membership

By registering with Swissalpine®, the participants also become running members of Swiss Athletics and the umbrella organization Swiss Olympic. Names and e-mail addresses are passed on to Swiss Athletics for this purpose. The data will be used exclusively for the entry as a member and will not be passed on to third parties. This membership is free and expires (after one year) at the end of the following calendar year. Further information at www.swiss-running.ch/datenschutz. Consent to the transfer of data to Swiss Athletics can be revoked at any time in writing (info@irontrail.ch).

16. Liability and Insurance

To the extent permitted by law, the organiser rejects any liability towards participants for any accidents, damage to health or other damage of any kind, regardless of the legal reason. In particular, any liability for luggage handed over to the organiser is excluded. Furthermore, the organiser also rejects any liability towards spectators or third parties for damage of any kind. All participants must insure themselves against illness and accident. The insurance must cover the costs of rescue and recovery. Participation is at your own risk.

17. Jurisdiction

The place of jurisdiction is Chur. Swiss law applies.