



Event-InformationSwiss Irontrail

03.04.2024

Organiser:

Tuffli Events AG Gäuggelistrasse 20 7000 Chur Schweiz

info@irontrail.ch www.irontrail.ch



Table of contents

1.	General	3
2.	Race Formats	3
3.	Enrolment	4
4.	Starter Email and Distribution of Start Numbers	6
5.	Time measurement	6
6.	Round Trips	7
7.	Accommodation	7
8.	Running Baggage	7
9.	Refreshments	8
10.	Lockers, Toilets and Showers	8
11.	Lost & Found	8
12	Prizes	R



1. General

The documents «Event-Information» and «Event-Regulations» are integral parts of the contract between the participants and the organiser. The organiser reserves the right to make adjustments and additions on an ongoing basis. The documents can only be accessed online at **Swiss Irontrail**

2. Race Formats

2.1. Route data

T102 102.4, +/- 6`390m, start/finish in Savognin

T53 53.2, +4`185 / -3`597 m, start in Savognin, finish in Bivio 49.3 km, +2194 / -2798 m, start in Bivio, finish in Savognin

T20 19.9 km, +/- 1`217 m, start/finish in Savognin Kidsrun (Pitigns) 0.7 km, +/- 28 m, start/finish in Savognin Kidsrun (Giuvenots) 0.14 km, +/- 28 m, start/finish in Savognin

2.2. Start and Maximum Times

T102 Start Saturday 05:00 Uhr, Maximum 30 hours
T53 Start Saturday 05:00 Uhr, Maximum 16 hours
T49 Start Saturday 11:00 Uhr, Maximum 14.5 hours
T20 Start Saturday 14:00 Uhr, Maximum 6 hours
Kids Run Start Sunday 09:30 Uhr, Maximum 1 hour

2.3. Cut-Off and expected time T102

Checkpoint	Expected time	Cut-	Km to	Next	Aid station
	unie	Off	go	post	
Savognin (Start)	05:00		102	13	-
Elahütte	06:45-09:00		89	12	Food & Beverages
Naz	09:00-14:00	12:00	77	5	Food & Beverages
Fuorcla Tschitta	08:15 -14:00		72	6	Marshall
Val d`Err	09:45-15.00		66	8	Food & Beverages
Alp Flix	10:45-18:00	18:00	58	9	Food & Beverages
Bivio	12:00-21:00	21:00	49	13	Food & Beverages
Fuorcla la Valletta	13:45-24:00		36	7	Marshall
Bivio	14:45-02:00	02:00	29	8	Food & Beverages
Sur	15:30-04:00		21	11	Food & Beverages
Rona	16:45-08:00		10	10	Food & Beverages
Savognin	18:00-So11:00	11:00	0	0	Food & Beverages



2.4. Cut-Off and expected time T53

Checkpoint	Expected time	Cut- Off	Km to go	Next post	Aid station
Savognin (Start)	05:00		53	13	
Elahütte	06:30-09:00		40	12	Food & Beverages
Naz	07:45-12:00	12:00	28	5	Food & Beverages
Fuorcla Tschitta	08:30-14:00		23	6	Marshall
Val d`Err	09:00-15.00		17	8	Food & Beverages
Alp Flix	10:00-18:00	18:00	9	9	Food & Beverages
Bivio (Ziel)	11:00-21:00	21:00	0	0	Food & Beverages

2.5. Cut-Off and expected time T49

Checkpoint	Expected	Cut-Off	Km	Next	Aid station
	time		to	post	
			go		
Bivio (Start)	11:00		49	13	-
Fuorcla da Valletta	12:15-15:00		36	7	Marshall
Bivio	12:45-17:00	17:00	29	8	Food & Beverages
Sur (Schulhaus)	13:30-19:00		21	11	Food & Beverages
Rona	14:30-22:30		10	10	Food & Beverages
Savognin (Ziel)	15:30-01:45	So 1:30	0	0	Food & Beverages

2.6. Cut-Off and expected time T49

Checkpoint	Expected time	Cut- Off	Km to go	Next post	Aid station
Savognin (Start)	14:00		20	10	-
Rona	15:00 - 17:00		10	10	Food & Beverages
Savognin (Ziel)	16:00 - 20:00	20:00	0	0	Food & Beverages

3. Enrolment

3.1. Enrolment and Entry Fees

Registration is online at www.swissalpine.ch. The entire registration procedure is done by Datasport. There are no participant limits. For young people (U18), the entry fee applies in brackets.



Registration up to and including 01.04 – 28.06.2024 (Phase 3)

T102 CHF 180.00 T53 CHF 130.00 T49 CHF 130.00 T20 CHF 70.00 (65.00)

Kids Run CHF 0.00

Registration on site

Changes and late registrations on site at the start number issue are possible for a surcharge of CHF 10.00. These can only be paid in cash or with TWINT in CHF or Euros (1:1 exchange rate). No debit/credit cards are accepted.

The entry fee includes the following services:

- Start number
- Starter mail
- Starter bag
- Swiss Runner Ticket
- Running catering
- Depot running luggage
- Dropbag in Bivio (T102)
- Luggage transport Savognin Bivio / Bivio- Savognin
- Transport to start (T49)
- medical service
- Timing with passive transponder
- Start and ranking list with split times (only online as download)
- Diploma (only online as download)
- present
- SMS service
- Organization fee & VAT

3.2. Cancellation of Registration

If you are prevented from starting due to illness/accident or other reasons, the entry fee cannot be refunded and cannot be carried over to the next year.

It is recommended that participants take out cancellation insurance from the organiser when registering. This enables the entry fee to be refunded in the event of accidents or illness. The premium is 10% of the entry fee.

3.3. Transfer / re-registration to another category & late registration Participants can transfer their starting place to another person for a fee of CHF 20.00 or re-register for a different distance online until 25th June 2024 (midnight). After 25th June 2024, it cannot be transferred to another person.

If you change your registration to a shorter distance, the difference in entry fee will not be refunded; if you change your registration to a longer distance, you have to pay it.

3.4. Final Registration

Online registration for personalised start numbers closes on 20th June 2024 (midnight). Online late registrations are possible until 28th June 2024 (midnight), although the start numbers can no longer be personalised.



4. Starter Email and Distribution of Start Numbers

4.1. Start E-Mail

The starter e-mail contains the following information:

- Promocode Swiss Runner Ticket
- Personal start number
- Important information (start number distribution, baggage depot, starting time, etc.)

4.2. Distribution of start numbers and where to fetch them

The bib number is not transferable and must be worn clearly visible on the chest, stomach, or leg throughout the entire race. It entitles you to access to feed stations, medical services and luggage check. Any transfer of the personal bib number to another person is prohibited (see cancellation). Participants must pick up their bib number in person.

Friday, 28th June 2024

18.00 – 19.00pm T102, T53, T49 & T20: Sala Grava Savognin

Saturday, 29th June 2024

03:45 – 04:45am T102/T53: Sala Grava Savognin

09:45 – 10:45am T49: at start area in Bivio 12:45 – 13:45am T20: Sala Grava Savognin

Sunday, 30th June 2024

10:15 - 10.45am Kids Run: Sala Grava

5. Time measurement

5.1. Passiv-Transponder

The timing will be done by our partner «Datasport». To ensure accurate timing, participants will receive a race number with an integrated timing chip, which does not have to be returned.

5.2. Age categories

In the T102, T53, T49 and T20 rankings, the following age categories are listed for women and men respectively:

F8 / M8 (8-11) only T20

F11 / M11 (11-14) only T20

F14 / M14 (14-17) only T20

F18 / M18 (18-19)

F20 / M20 (20-29)

F30 / M30 (30-39)

F40 / M40 (40-49)

F50 / M50 (50-59)

F60 / M60 (60-69)

F70 / M70 (70-79)

F80+ / M80+ (from 80)



6. Round Trips

For ecological reasons, it is highly recommended to use public transport. This also makes the outward and return journey and the trips in the running region an unforgettable experience.

All participants benefit from a free ride on public transport from their place of residence, Swiss border station or airport to the venue and back via General Subscription area routes using the usual 2nd class route.

With personal promo codes, a free public transport ticket for the outward journey and one for the return journey (valid for 1 calendar day) in 2nd class can be printed out at **sbb.ch/swissrunners**.

Here you can find the current Timetable.

Shuttle Bus T49 Savoginin - Bivio

For participants of the T49 a shuttle bus will be offered to the start. The reservation is obligatory and binding. Only participants of the T49 will be transported. Supporter and viewer are requested to take public transport.

7. Accommodation

Val Surses offers a variety of accommodation possibilities:

- Hotels
- Holiday flats
- Camping

It is advisable to book early.

Accommodation

8. Running Baggage

Luggage must be inscribed for all runs with at least the start number. It is recommended to use your own suitcase labels. Baggage tags will be provided at the start number issue. The participants are responsible for picking up their luggage themselves (even if the race is abandoned, etc.). Checked baggage cannot be forwarded. The participants can hand in their luggage before the start in Savognin.

8.1. Dropbag Bivio

T102 Participants can deposit their spare clothes and shoes in the drop bag. The bags can be dropped off on Saturday between 03.45 - 04.45 am in Savognin. The bags will then be transported by the organizer to Bivio and later returned to the finish area in Savognin.

T53 participants have the possibility to hand in a bag at the start area in Savognin, which will then be transported to the finish in Bivio.

T49 Participants have the possibility to drop off a bag at the start area in Bivio, which will then be transported to the finish in Savognin.



8.2. Running luggage

Saturday, 29th June 2024

03:45 - 04:45am T102/T53: Depot running luggage Sala Grava in Savognin 09:15 - 10:15am T49: Drop off of runner's luggage at the start area in Bivio T20: Depot running luggage Sala Grava in Savognin

9. Refreshments

The distances between the posts will be 10 - 15 km. The participants must therefore equip themselves with a bottle/cup and nourish themselves between the posts.

The catering schedule will be communicated at a later date.

10. Lockers, Toilets and Showers

Lockers, toilets and showers can be found at the Start and Finish and are appropriately signposted.

11. Lost & Found

Found objects are to be handed in or picked up at the information point at the finish in Chur on the days of the race. They cannot be kept or forwarded.

12. Prizes

All participants will receive a commemorative gift. No gifts will be sent later or if the race is not attended. The first classified (ranks 1-3 women and men) of each distance receive prizes in their rank.